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# Colorado Construction

## Cover Story - March 2009

### Top 20 Under 40

#### Matthew Proehl

39  
 Project Manager  
 Haselden Construction  
 Time in current position 9 years  
 Time in the industry 17 years  
 Education B.S., Construction Management, CSU,  
 1994  
 Hometown Spencer, Iowa  
 LEED Accredited Yes

Awards Featured in Up & Coming section,  
 Constructor magazine, March 2008

Important Projects Medical Center of the Rockies,  
 Loveland; Research Support Facilities at National  
 Renewable Energy Laboratory, Golden; Industrial  
 Science Building, CSU



**MATTHEW PROEHL**

*(Photo by Jackie Shumaker)*

Community Service Rotary International,  
 Friends of Christmas Island project;  
 College Recruiting at Haselden  
 Construction; Colorado State Professors  
 Advisory Board

Professional Affiliations, Memberships  
 American Institute of Constructors;  
 Design-Build Institute of America  
 (certification in progress); AGC of  
 Colorado; Chair for AGC of Colorado  
 Future Leaders Forum and AGC's  
 National Construction Leadership  
 Council

Matt Proehl with Denver's Haselden  
 Construction Co. served as the 2003  
 chairman of AGC of Colorado Future  
 Leaders Forum and the 2007 chairman  
 of the AGC National Construction  
 Leadership Council. He also volunteers  
 as a guest lecturer at Colorado State  
 University in construction management  
 and is one of the creators of the Hot  
 Jobs Cool Careers video used by AGC  
 of Colorado to introduce high school  
 students to the industry.

"I have always enjoyed problem solving,  
 and construction gives me opportunities  
 to problem solve on a daily basis," Proehl says. "Our industry is built on the concept of

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out-of-the-box thinking. How can we build faster and less expensively and still maintain quality? Those challenges are what drew me to construction.”

As a project manager for Haselden, Proehl heads the company’s Research Support Facilities project team at the National Renewable Energy Laboratory in Golden. Slated for LEED Platinum designation as a “net zero-energy building,” the facility boasts a natural ventilation system and other innovative elements for energy savings.

Proehl is also the project manager on the remodel of the Industrial Science Building at Colorado State University. Financed by donations from a group of six general contractors led by Haselden, the \$4-million project will transform the 1883 building into a preconstruction laboratory for the school’s Construction Management Department.

As one of four project managers on the \$150-million Medical Center of the Rockies project, the second hospital in the nation to receive LEED Silver certification, Proehl’s responsibilities included mechanical and electrical systems, infrastructure, central utility plant and foundations.

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His long involvement with Rotary International includes an active role in the Friends of Christmas Island project. The group supplies the island with donated medical and water-filtration equipment and school supplies.

Proehl also leads Haselden’s college recruiting efforts.

“New technologies, such as building information modeling, integrated design and construction programs, will be key factors in determining which companies survive this downturn and which do not.”

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